Resources for Lent Garden Crafts and Recipes

The table below includes all supplies for the crafts and recipes contained in the Virtual Lent Garden rooms. At the end of the table, you will find ideas for items to be given ahead of time to church members if you want to create "Lent in a Bag". The print out used in Lent Three for the 10 Commandments is located at the end of this document for easy printing.

Date	Craft	Recipe
Ash Wednesday, February 17	yarn, lacing or other material to string bead for a bracelet pony beads - one of each color: white, light blue, clear, purple, brown, light yellow, silver, gray, red, and gold	1 1/2 cups water (360 mL), warm 2 tablespoon salt 1 tablespoon sugar 1 packet active dry yeast 4 1/2 cups flour (565 g) 4 tablespoons oil, divided 2/3 cup baking soda (120 g) 2 eggs, beaten coarse salt, pinch
Lent One, February 21-27	Coffee filter Washable markers in rainbow colors (violet, indigo, blue, green, yellow, orange, red) Spray bottle of water Construction paper Cotton balls White glue	8 Red grapes 16 Blueberries 8 Green grapes Pineapple (8 fresh chunks or canned tidbits) Cantaloupe (8 chunks) 8 Strawberries 8 Wooden skewers
Lent Two, February 28- March 6	a piece of white 8 1/2" X 11" paper paint (any colors) Paint brush white paper and markers or various colors of construction paper markers and scissors	Pudding Mix Plain cookies (such as vanilla wafers) Plastic Baggy Rolling pin

Lent Three	Copies of 10 Commandment sheet	2 cups (260g) whole wheat flour
Lent Three March 7-13	Copies of 10 Commandment sheet Construction Paper Markers Glue	2 cups (260g) whole wheat flour 2 teaspoons baking soda 2 teaspoons ground cinnamon 1/2 teaspoon ground ginger 1/2 teaspoon salt 3 large eggs 1/2 cup (100g) packed brown sugar 1/4 cup (85g) honey 1/3 cup (80ml) vegetable oil 1/3 cup (60g) smooth applesauce 1 teaspoon orange zest (optional) 1/3 cup (80ml) orange juice or pineapple juice 1 teaspoon pure vanilla extract 2 cups (260g) shredded carrots (about 4 large) 1 cup (140g) shredded/grated apple (about 1 large) 1/2 cup (64g) chopped pecans
Lent Four March 14-20	a white paper plate (not styrofoam) blue and green acrylic paint a balloon a piece of yarn a small piece of red construction paper a marker scissors single hole punch	2/3 cups semisweet chocolate chips 1/4 cup unsalted butter, cubed 3/4 cups all-purpose flour 1/4 cup cocoa powder, sifted 1/2 teaspoon baking powder 1/2 teaspoon baking soda 1/4 teaspoon salt 1 egg 1/3 cup packed light brown sugar 3 tablespoons milk 1 teaspoon vanilla 1/2 cup sifted icing sugar About 24 chocolate drops such as Hershey Hugs or Kisses

Lent Five	Two pieces of red construction or other	Juice of one lemon
March 21-27	colored paper	2 garlic cloves, minced
	A hole puncher	1 tbsp. honey
	Yarn or ribbon (the length will be	2 tsp. dijon mustard
	determined by the size of your hearts	1 tbsp fresh mint, chopped
	you cut)	any other fresh herbs coming up in
	Pencil, pen, or marker	your garden (parsley, rosemary,
		basil)
		1/4 cup olive oil
		salt and paper to taste
		4 cups baby spinach, or arugula, or
		any other spring green
		1 cup sugar snap peas
		4 radishes, thinly sliced
		2 tbsp. slivered almonds, toasted or
		pine nuts, or any other nut you have
		at hand
		goat cheese
		fresh mint leaves

Ideas for "Lent in a Bag"-

Yarn and Pony Beads for Ash Wednesday craft
Coffee Filters and cotton balls for Lent One craft
Pudding mix for Lent Two recipe
Copy of Ten Commandments for Lent Three craft
White Paper Plate (not Styrofoam), balloon, and yarn for Lent Four craft
Red Construction paper for Lent Five craft









Always say God's name with love and respect.













Be happy with what you have. Don't wish for other people's things.